

MEDIA RELEASE



WEDNESDAY 17 MAY 2017

NATIONAL WALK SAFELY TO SCHOOL DAY

Primary school aged children in the Narrandera Shire are encouraged to join with children across Australia to make those important steps towards a healthier future by participating in National Walk Safely to School Day on Friday 19 May 2017.

Narrandera Shire Council is offering support for National Walk Safely to School Day which is a community initiative that aims to raise awareness of the health, road safety, transport and environmental benefits that regular walking (especially to and from school) can provide for the long term health of our children.

Now in its 18th year, the event encourages primary school aged children to walk to and from school, not just on Friday 19 May, but every day. "This is an opportunity for parents and carers of Primary school age children to promote safe pedestrian behaviour and the health benefits that can be achieved through regular walking" said Kym Snow Narrandera Shire Councils Road Safety Officer.

"National walk safely to school day also provides the chance to convey important road safety messages to children, specifically, that parents and carers need to closely supervise young children, especially those under 10 years of age, in all road environments, holding hands when near or crossing the road. As parents and carers we must reinforce safe pedestrian behaviour.

"So leave the car at home or if families live a long distance from their school, they may wish to drive and park ten minutes away from the school and walk the rest of the way" said Miss Snow.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 19 May 2017! For more information, visit www.walk.com.au

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Precis or Summary: National Walk Safely to school Day May 2017			
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